

Established in 2005, the AAH in Borj al Borajny helps to strengthen the social support of the elderly. The AAH-Borj provides awareness sessions for the elderly to improve their quality of life through discussions with volunteer doctors and sociologists on topics such as, diabetes, high blood pressure, and healthy eating. Our team also teaches the elderly how to stay involved within the “active-life” of the community. The elderly at our center engage in various outings and visits, and invite others to interact with them at their center, such as folk dance groups or children from various centers. The elderly at AAH-Borj host Ramadan dinners, and also cook various traditional Palestinian treats and dishes on site. AAH-Borj celebrates Mother’s Day and GrandMother’s Day with the elderly, along with many other holidays and observances. Opportunities are also provided for the elderly - many of them the “48ers” - to pass on their stories to the next generation. The AAH-Borj is headed by Nawal Al Jamal and Houda Misilmani.